



INCLUSIVITY: SPIRIT AND PRACTICE

As we are **Creating A World That Works For All** in our consciousness, throughout this year, we knew that we would reach a point of practicality. This month we set our minds toward **Inclusivity: Spirit and Practice** to do just that. Science of Mind has evolved within us into **Mastery of Spiritual Metaphysics** for us the next evolution in spiritual practices. As both are built upon a foundation of practical realizations of spiritual principles. The Bible explains in Malachi 3:10 “...and prove me now herewith, saith the Lord of hosts, if I will not open up the windows of heaven and pour you out a blessing, that there shall not be room enough for you to receive it”. Here we find the language of spiritual practice and scientific proof. A hypothesis laid out within this chapter is for the people to follow the ways laid before them, abide by the laws given to them, and think kindly upon the Name of God and they would receive abundant blessings. This quote recognizes Perfection of God’s Wholeness.

God Is Perfectly Whole. We are blessed to live in the midst of the All-Inclusive Spirit where all that we need reside. Yet it has been mankind’s practice to question God’s Awesome Powers and Abilities as being personal to us as individuals. God is both personal and impersonal. The Divine Masculine is Personal and ***The Divine Feminine is Impersonal.*** Throughout the Bible the people of the wilderness are held up as a generation of unbelievers whose minds and hearts were so turned from God until they were unable to even enter into the promised land. Today, with greater access to knowledge. we are continually increasing our self-conscious awareness. This helps us to better align ourselves to gain greater, deeper, and broader understanding of the Allness of God. In turn, we can become more open and aligned to our personal spiritual discernment~ our Choice. This is a practical lesson that ESEC seeks to impart to its members and friends at the outset. Galatians 6:4 states, “But let every man prove his own work, and then shall he have rejoicing in himself alone, and not in another”. Spirit God is personal to us as individuals knowing every strand of our hair and counting us with great value asking only that we seek higher thoughts and produce loving words and actions in our lives and toward others.

Spiritual practices require that we ***Learn To Examine Ourselves*** and not be depended on the assessment of others for our Soul’s imprint into the world. Look about your life and see what it is that you do and how you are with others. Then, “Prove all things; hold fast that which is good” (1Thessalonians 5:21). God’s Goodness is what we seek in our lives and therefore it must become what we wish for in the lives of others.

Inclusivity is the inclusion of others; this means all others even those who we may not think to bring into our circle, at first thought. We are provided opportunity after opportunity to ***Freely Choose To Include Others*** in our good. As a matter of Spiritual Practice, we are now asked to set-aside our typical ways of thinking and being and humble ourselves in the safety of Spirit and open our hearts to others. We are not asked to be accepting of all manner of behaviors of others nor are we asked to become like them; we are simply asked to open our hearts to include everyone in the goodness of God Mind in us. This may be as simple as finding a kind thought to have about someone or a group of people that we may not have had kind thoughts about in the past. It may be as simple as beginning to include others in the choices that we make in our daily considerations and actual behaviors. The process may be easier to go from vision, meditation, prayer, and kind thoughts to caring actions. ***Our Individual Process Will Be Slightly Different;*** still our outcomes will be the same. To change the ways in which we think and behave toward others and allow for more elevated consciousness and being as we set our sights on the new heavens and our new earth filled with Inclusivity of Spirit by Practice.

Peace and Love,

Rev. Cassandra

